

Forest View Voice

JANUARY - FEBRUARY - MARCH

Hi all and welcome to 2019. I hope you all enjoyed Christmas and the New Year. A reminder to drink plenty of water and keep cool with the hot weather. The Newsletter will be distributed every 3 months, the Activities Calendar every month.

HAPPINESS POEM

GREET THE BRIGHT DAWN WITH JOY,
RAISE YOUR SPIRIT TO THE LIGHT,
THEN YOUR SMILE YOU MUST EMPLOY,
SWIFTLY EXPELLING THE GLOOMY NIGHT.

A NEW DAY COMES INTO VIEW,
TO BE SHAPED AND TO REDESIGN,
AND EACH MOVE WILL BE, BY YOU
SO PERFECT, SO RIGHT AND FINE.

THE BIRDS WILL START THEIR SONG,
AND DELIGHT IN THIS NEWBORN DAY,
AND WITH YOUR COURAGE SO
STRONG,
EXHILARATION WILL COME YOUR WAY.

GREET THE BRIGHT DAWN WITH JOY,
DON'T GIVE IN TO TEARS AND STRESS,
FIND NOTHING THAT MIGHT ANNOY,
COME TO KNOW COMPLETE HAPPINESS.

2019



ABN: 50209 330 385

4 Morgan Street

Childers Q 4660

CEO: Matthew Blunden

Ph: 07 4126 2455

E: admin@forestviewchilders.com

W: www.forestviewchilders.com

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January 8th marked the birthday of Elvis Presley, the King of Rock. He would have been 84 years old.

Happy Birthday
Village Resident

Rita

January

HAPPY BIRTHDAY

Februar

Happy Birthday
Village residents

Ed & Maureen



Keith



Mari

March

Happy Birthday
Village residents

Allan

Neville



Happy St Patrick's Day



Get to know a staff member.....



Name: Breannah
Position: Personal Support Worker
Favourite Show: Home and Away
Favourite Food: Mango and Chocolate
Pets: Cats, dogs, snakes, birds, cows, pigs and chickens.
Hobbies: Beach and camping.

Get to know a resident.....



Name: Liisa
Interests: Playing cards, crocheting and reading
Past occupations: Dress maker in Brisbane, Owner of a local fruit shop.
Favourite Place: Finland

SMOOTHIES "YUM"



With the hot summer days upon us, what better way to cool down than with a fresh fruit smoothie.

Residents were able to choose and create their own smoothies. Bananas, Mango strawberry and mixed berries were on offer, Mango being the most popular!!





MERRY CHRISTMAS

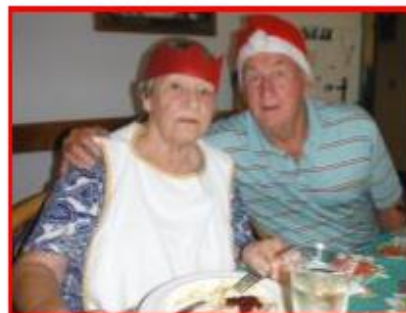
Santa and his elf made a special visit to Forest View last year. Santa sat in his antique chair with Christmas props and our residents had the opportunity to have their photo taken. For those that were unable to make the visit, Santa and his elf made home visits to them, delivering presents and Christmas cheer, so no-one missed out.



Christmas lunch at Forest View Aged Care Facility was enjoyed by the residents, staff and visiting family members.



The kitchen staff and care staff did an amazing job with the food and decorations, the atmosphere was homely and festive.





Wesleyan Morning Tea Over 50's Returning 19th March 2019



Forest Views residents enjoy their monthly visits to the over 50's Morning tea which is held at the Wesleyan Church in Childers.

Residents are able to catch up with friends and family in the community as well as join in with a variety of entertainment including singalongs and fruit/plant auctions. The cuppas and homemade slices go down a treat. Thank you to the 50's and wiser

organisers who make this all possible for us.



Valentine's Day

St. Valentine's Day falls on February 14th of each year. Although the name is Saint Valentine's Day, most people refer to the day as Valentine's Day, or even the Feast of Saint Valentine. It was originally a day to celebrate Saint Valentinus, who performed weddings for soldiers who were not allowed to marry. He was imprisoned for this, as well as for ministering to Christians. Saint Valentinus wrote a letter to the daughter of his jailer before he was executed. His letter was signed 'From your Valentine'. He was buried on February 14th. Valentine's Day was not associated with romantic love until the middle ages. By the 1700s in England it began to resemble the Valentine's Day we know today. At this time lovers began to express their love with gifts of flowers, candy and cards, which were called 'valentines'.

WORD SEARCH

C H O C O L A T E R S Z K F N H P
H C J K Y F S F A D G D P E V S L
W A A G K Q S W E E T S E B D G Q
O H Y N A Y Q H U G S R C R F I Y
M G R R D R W R Q G I W H U R F R
A Q T V A L E N T I N E A A W T F
L O E T E T E Z R E D I W R Q S N
F L O W E R S S K I S S R Y O R C
X N P Z A Q F L R L T T Y U P F S
S D R A C R K T K R T E D D Y D J
T V U P I V E D A C H G A R T I K
U M T E G O G E O A O D Q Y Y P M
Q B N S P F H R O M A N C E V U Z
H D S W E E T H E A R T O L Z C X
L O V E D A R R N C A R O S E S C

LOVE
CARDS
FLOWERS
HUGS
HEARTS
RED
KISS
VALENTINE
SWEETHEART
FRIEND
ROSES
POETRY
GIFTS
ROMANCE
CANDLES
SWEETS
CUPID
FEBRUARY