

Forest View Voice

APRIL-MAY-JUNE

I'm Fine, How are You?

There's nothing the matter with me,
I'm just as healthy as can be,
I have arthritis in both knees,
And when I talk, I talk with a wheeze.
My pulse is weak, my blood is thin,
But I'm awfully well for the shape I'm
in.

All my teeth have had to come out,
And my diet I hate to think about.
I'm overweight and I can't get thin,
But I'm awfully well for the shape I'm
in.

Arch supports I need for my feet.
Or I wouldn't be able to go out in the
street.

Sleep is denied me night after night,
But every morning I find I'm all right.
My memory's failing, my head's in a spin.
But I'm awfully well for the shape I'm
in.

The moral of this as the tale unfolds,
Is that for you and me, who are growing
old.

It is better to say "I'm fine" with a
grin,
Than to let people know the shape we
are in.

I'm fine, how are you?

2019



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**OPEN MON-FRI
9.00am - 3.00pm**

HAPPY BIRTHDAY

Happy Birthday to Village residents
Ruth, Lyn and Patricia



APRIL



MAY

Happy Birthday village resident
**Ethel, William, Raylee,
Betty and Grace**



JUNE



Happy Birthday to Village residents
**Alice, William, Jenny
and Pam**



HARMONY DAY 21st of March celebrates the country's diversity, it's an important day to celebrate our culturally diverse society. Residents spent the morning in the Millennium park enjoying entertainment and food put on by our local multicultural group



BUNNINGS CRAFT morning, making grass head pots. As you can see when the grass grows it looks like hair. Residents patiently waited and watered their plant to see the finished product.





“lest we forget”

*“They shall not grow old, as we that are left grow old,
Age shall not weary them nor the years condemn,
At the going down of the sun and in the morning,
We shall remember them”*



The date of the landing at ANZAC, the 25th April was chosen to be the day that would become our national day of commemoration. Initially, ANZAC Day was a mark of respect for those who served and sacrificed their lives in the Great War for Civilisation, the war as many hoped, to end all wars. The date has become the day on which the nation remembers those who served and those who made the ultimate sacrifice in all the conflicts that Australia has participated up to the present day in the continuing struggle to preserve our freedoms in the attempt to rid the world of tyranny.



Balloon tennis. This activity is an easy, social game, suitable for differing levels of cognitive and physical disability. ... Even those with significant communication difficulties can feel accepted and participate in balloon tennis .



Jax popped in for visit, he is a two and a half year old maremma, they are a loyal, intelligent and a friendly breed. Residents got the chance to spend time with Jax who was happy and laid back, he decided to have a break with Noel by laying on the floor next to his chair as he had the sunny spot in the facility.

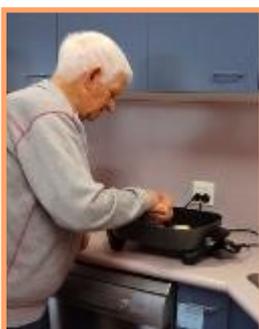


Cooking activates the senses.

Touch, smell, sight, and taste. Cooking activates it all! ...Triggers happy memories. ...

Encourages social bonding.

The fun part was eating the finished product.





EASTER



Thank you to the Bunnings Bunny for the visit. Residents were happy to receive chocolates and cuddles.



Congratulations goes to Jenny Murray the winner of the Easter basket raffle.



Thankyou to everyone who bought a ticket.



Mothers day high tea



*Happy
Mothers
Day to
All The
Mums*

VILLAGE PEOPLE MONTHLY BBQ



Next BBQ will be held Saturday the 6th of July
Tai Chi held in village hall Mondays and Thursdays 9am to 10am



**Dianne drew out
the winning
ticket.**



**Congratulations
goes to Tina
Mammino the
winner of the
winter Woolly
basket raffle.**



**Thankyou to
everyone who
bought a ticket.**

